



Verna Glassing, MS, LCPC

# EMDR Resourcing & Mindfulness Regulation

6 CE Hours of Expert Training



*Verna Glassing, MS, LCPC is a Licensed Clinical Professional Counselor in Montana for over 28 years. She started Agape` Counseling PC and has been in private practice since 2013. Verna is a Certified EMDR Therapist and Consultant through EMDRIA. She is an approved Credit Provider for EMDRIA for advanced topics. Verna has used integrative therapies including; EMDR; trauma informed care; CBT; Ego states work; R-TEP/ G-TEP, psycho-education; wellness; yoga and mindfulness practices to improve ones, mind, body and spirit on the healing journey.*

**Course Description:**

*This course is designed to assist clinicians in obtaining a broader knowledge of effective EMDR resourcing and mindfulness skills, which will assist clients in improved wellness and regulation of their nervous system.*

*Event Information:*

March 22, 2024

8:30am - 4:00pm

**“The 1889 Barn”  
in the Beautiful  
Gallatin Valley**

12670 Portnell Road  
Bozeman, MT 59718

**\*Lunch Provided**

**\$200 for 6 CE  
Credits**